

HOW TO Improve Your Shooting: 3 EASY Ways To Gain PRACTICAL Speed and Accuracy

Hello! RDshooters here...

If you're struggling with your accuracy and speed, I want to help YOU improve.

So, today I'm going to give you my 3 BEST TIPS to help YOU become a better shooter!

Now, this is definitely not a comprehensive list of what you should be focusing on when you practice...

But if you're a beginner, you need to master these 3 things before learning anything else.

So give me your full attention right now, and I'll tell YOU how to improve your shooting!

1. Focus On YOUR Trigger Control...



A Proper Trigger Pull is the MOST IMPORTANT part of shooting!

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You see, poor trigger control is an incredibly common problem among beginners...

And if your trigger control is off, you'll never be able to shoot with any kind of CONSISTENT accuracy.

So, I want you to REMEMBER these 2 very important things EVERY TIME you pull the trigger...

1. Pull The Trigger SLOWLY...

It's a natural response to try to yank the trigger back quickly.

When you fire your first shot, the loud *BANG!* of the gun going off can be startling, and the recoil, while not really hurting you, can cause your adrenaline to start to run.

As you make subsequent shots, you're body naturally tries to anticipate the noise and recoil of your gun...

And as a new shooter, you tend to yank the trigger harshly in an attempt to counteract all of these factors.

But to have good trigger control _____pull the trigger SLOWLY and SMOOTHLY

And when you're shooting, I want you to actually remind yourself to pull SLOW and SMOOTH every single time you fire a shot.

2. Pull The Trigger STRAIGHT Back To The Rear...

As I mentioned before, it's a natural response to want to yank your trigger...

but as you yank, you push or pull the gun slightly out of alignment.

Now, even a slight movement will cause you...

_____CONCENTRATE on pulling as STRAIGHT back as you possibly can!

Put This All Together...

So as I said, EVERY TIME you pull trigger actually remind yourself to pull SLOWLY, SMOOTHLY, and STRAIGHT back to the rear.

By doing this, you'll see a significant improvement in your accuracy...

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And as you continue to practice this more and more, you'll start train your body to automatically have proper trigger control.

Eventually, pulling the trigger in this way will become second nature to you, and you'll gradually be able to speed up your trigger pull while still shooting accurately!

Here's Another VALUABLE Tip...

I recommend that you place your finger on the trigger in a position that's COMFORTABLE for you.

You see, many shooters believe that if you're missing your target, you could be using too much of your trigger finger.

They say that you NEED to put the center pad of your index finger on the trigger in order to get a proper pull...

I Respectfully Disagree...

This center pad technique has never worked for me because I have large hands and it's simply uncomfortable.

In my early days of shooting I practiced firing like this every time I shot, and I just could not consistently get the accuracy I wanted.

So, I began to experiment and research what professional shooters had to say about this topic.

I found that there were several professional shooters that recommend sinking more of your finger on the trigger, and...

DON'T be afraid to go against the typical advice of always using the center pad of your trigger finger.

An EFFECTIVE Trigger Pull Exercise In 7 Steps...

I HIGHLY RECOMMEND that you do Dry-Fire Practice to learn how to properly pull the trigger on your firearm.

Now, there are a lot of trigger control drills out there, but I'm going to share with you how to practice an effective trigger pull in 7 simple steps..

Step 1: Make Sure Your Gun Is Not Loaded...

DOUBLE check it! TRIPLE check it! Before you do anything else.

Step 2: Point Your Gun In A SAFE Direction...

ALWAYS follow the RULES of Firearm Safety!

Step 3: Present Your Unloaded Firearm At A Practice Target Of Your Choice...

You can use a small dot on your wall, a light switch, the corner of a picture, or anything else as a practice target.

Just make sure you're pointing the unloaded gun in a SAFE direction!

Step 4: Establish A Good Sight Picture On Your Practice Target...

But remember, a good sight picture is only going to help you, if you have a proper trigger pull that doesn't shift your gun slightly out of alignment.

Step 5: Pull The Trigger Of Your EMPTY Firearm...

Focus on a SLOW, SMOOTH trigger pull that goes STRAIGHT back to the rear.

Step 6: Watch Your Optic or Sights...

If you have a red dot, your reticle should NOT move AT ALL once your trigger breaks.

If you have iron sights, your front sight should NOT move AT ALL once your trigger breaks.

Any slight wiggle, means that your trigger control was off, and you need to practice until your sight stays COMPLETELY still.

Step 7: REPEAT...

I recommend you practice at least 10 proper pulls a day.

And eventually, you're going to want to implement all of this at the actually shooting range.

When you do, you should notice a significant improvement in your overall accuracy!

2. Always Focus On Stabilizing The Front And Back Of Your Rifle...



It's EXTREMELY important to stabilize your gun if you intend on shooting accurately or with speed.

And it's logical to build support at the front and back end of your rifle for maximum stability.

Supported Shooting Makes This Process EASY...

Even new shooters will intuitively rest their rifle on some form of support if it's available.

It's common sense to rest your gun on a barricade, shooting bag, wall, or any other object that's nearby.

...have a horrific impact on your firearm's accuracy because the harmonics of your barrel become disrupted.

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Now, aside from your support at the front end of your gun, you need to focus on supporting the back end as well.

This is actually a common thing that many shooters tend to forget!

Press the stock securely in the pocket of your shoulder, grip your rifle firmly with both hands, and push in for that solid check weld.

Actively think about locking the front and back end of that gun in to position and fire it when you're ready.

Unsupported Shooting Can Be More DIFFICULT...



Unsupported shooting is also called offhand shooting.

And shooting off hand from a standing position is a difficult skill that a new shooter must practice.

However, the way you practice matters, and as I said before, you need to build support for your rifle at the front and back end.

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Now, your support at the rear of the rifle will be the same as with unsupported shooting...firm grip, secure in to the shoulder, and a solid cheek weld.

However, building that front end support is the difficult part...

Many shooters use their support hand in an inefficient way.

You'll sometimes see them "cupping" the magazine well or placing their support hand near the center of the rifle's body.

This position is actually extremely unstable, and I RECOMMEND that you extend your support hand as far forward as you COMFORTABLY can.

You see, when you hold your support hand further out, you have much GREATER CONTROL over where the end of your barrel is pointing.

Use your support hand to direct the rifle exactly where you want to aim, and watch as your offhand shooting improves!

3. Stay Balanced With An Athletic Stance...



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There are many different shooting stances out there, but they don't all serve the same purpose.

If you're looking to improve your shooting speed, you'll need to use an athletic shooting stance...

How To Build An Athletic Shooting Stance...

- Stand with your feet a little wider than shoulder width apart.
- Move your non-dominant foot SLIGHTLY forward of your dominant foot (if you're right-handed then your left foot should be forward).
- Balance yourself by remaining on the balls of your feet. DON'T lean back on your heels!
- Lean forward SLIGHTLY to help MANAGE the recoil of your gun.

With this stance, you'll be able to make accurate shots and recover quickly...

And your overall body structure will make firing multiple shots with speed a lot more manageable.

EXTRA!

Don't lean forward too aggressively because this will leave you in an unbalanced position and quite frankly, looking a little bit silly.

So In The End, I'm Assigning You Some Homework...



1. PRACTICE your trigger control by using the 7 Step Trigger Pull Exercise.

Remember to focus on a SLOW, SMOOTH trigger pull that goes STRAIGHT back to the rear.

2. When you're shooting offhand, try extending your support hand forward AND securing the rear of

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your gun.

3. Try using a balanced shooting stance that allows you to recover quickly after multiple shots.

By putting these tips in to action, you'll be well on your way to becoming a very competent shooter!

One More Thing...

You can practice and become an incredibly quick shooter with just iron sights, but...



if you want to truly get the most out of your rifle, you really need to put an optic on it.

I highly recommend the Holosun HS503c for new shooters.

I think it's the best red dot sight for the money, and If you're interested...

Check out my full review by clicking the link below:

==> [Read My Full Review of the Holosun HS503c Here](#)

Farewell, and have fun at the range!

-RDshooters